



**FAMILY
DENTAL
PRACTICE**

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Welcome to the first Family Dental Practice Newsletter

Accreditation

The FDP became an **Accredited** dental surgery in December 2017. This means that our practice meets the National Safety and Quality Health standards.

Accreditation is an internationally recognised evaluation process used to assess the quality of care and services provided in a range of areas including healthcare. The attainment of these standards means a dental practice has proven to be of the highest calibre in delivering quality patient care within Australia.



New Equipment

The Thermal Disinfector in our practice was updated at the end of 2017. This is the dental equivalent of a dishwasher used for all instruments prior to autoclaving. It provides high grade safe standardised instrument processing and decontamination which is repeatable and recordable, providing patients with the highest level of sterilisation available.

Autoclaving at the Family Dental Practice is at the highest National Standards, with all packages, cassettes and wraps being safely tracked and batch controlled daily.

Don't hesitate to ask the staff to show you this process.



Autoclaves at the Family Dental Practice



Thermal Disinfector



In-Chair Teeth Whitening Now Available

The FDP is pleased to announce we now offer in-chair teeth whitening with the state-of-the-art **3LT Smartbleach Whitening System**.

Treatment takes less than an hour and results last for 2 -4 years with proper aftercare.

Smartbleach is a photo-dynamic teeth whitening procedure that lightens teeth with virtually no dehydration of the teeth or etching of the teeth surface. The results are immediate and won't bounce back like home-bleaching kits and blue heat-lamp based teeth whitening systems.

The 3LT Smartbleach laser uses a green light combined with an alkaline gel to create an intense

whitening effect without any dehydration or demineralisation of the teeth.

The 3LT system can treat stains that other systems can't. It stabilises smaller stain molecules, stopping them reforming into larger ones – meaning the results last longer.

Call our friendly staff to discuss your teeth whitening treatment and arrange a consult.

Right: Photos of a FDP patient before (top) and after (bottom) one session of teeth whitening with the 3LT laser system. This patient lightened twelve shades in a single session

The tooth shaped shade on the right of the lower picture indicates the original shade of the teeth.

TOP TIPS FOR TEETH

Brushing directly after a meal or acidic drinks. Do you brush your teeth right after eating or drinking something acidic? If you brush immediately after eating or drinking you may cause tooth wear because the enamel has been softened by acid. Instead, wait an hour or so and brush gently.



Child Dental Benefits Schedule

Our practice covers the full cost of CDBS if you are eligible from Medicare (Family Tax Benefit Part A). Please remember to come in twice a year for your annual check-up and clean.



Australian Government
Department of Veterans' Affairs

Veterans Affairs

Our practice continues to provide service to Veterans, current and former serving members and their families through a range of benefits.